

Sunday, October 21<sup>st</sup>, 2018

# Michael E. Walsh Memorial 5K

## 5K Run/Walk & Kids Run

Sunday, October 21<sup>st</sup>, 2018

Riverfront Park, 20 Liebert Rd, Hartford, CT

5K/walk: 10 AM. Kids fun run: 9:30 AM.  
Registration from 8:30 AM

Adults: \$25 through June 30<sup>th</sup>, \$30 from 7/1 to 10/21, \$35 on race day

Long Sleeve T-shirts: Guaranteed if registered by Oct 8<sup>th</sup> (add \$20 for long sleeve tek shirt)

Awards: Male and female winners; U-12; 13-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70-79, 80+

Join a Team or start your own/Team Awards

[www.michaelewalsh5k.org](http://www.michaelewalsh5k.org)

+ Mail form (one per participant) and check to Michael E. Walsh Memorial 5K, c/o The First Mile, PO Box 1303, Glastonbury, CT 06033

Run or walk in  
memory of  
Connecticut  
runner  
Michael Walsh



Benefits



PROTECTORS *of* ANIMALS



Name:

Age:

Run/walk:

Address:

Phone:

Email:

Sex (M/F):

T-shirt size (S/M/L/XL):

Tek Shirt (Add \$20)

Are you a member of a team or starting a team? Team Name:

I know that running/walking is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I hereby certify that I am in good health and I have trained to run/walk the distance of the race, which I am entering. I assume all risks associated with running/walking in the event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this running/walking race, I, for myself and anyone entitled to act on my behalf, waive and release First Mile, LLC, its officers, directors, agents, volunteers and employees, all states, cities, countries or other governmental bodies or locations in which events or segments of events are held, and the City of Hartford, Riverfront Park, all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_

(Parent or guardian if under 18)

Date: \_\_\_\_\_

**BIB #**